

Jain Vishwa Bharati, Orlando

20th Annual Spiritual Camp

Conduct, the Essence of Knowledge

Both knowledge and conduct are essential in life. Neither mere knowledge nor mere conduct leads to perfection. Lord Mahavira said without knowledge action is blind and without action knowledge is lame. So, application of both brings happiness, success, and perfection in life.

Friday, January 15, 2016

Time	Adults	Youth Ages 19 - 35	Youth Ages 11 - 18
6:00 p.m. – 8:00 p.m.	Registration Check in Dinner	Registration Check in Dinner	Registration Check in Dinner
8:00 p.m. – 8:50 p.m.	Opening Ceremony & Welcome	Opening Ceremony & Welcome	Opening Ceremony & Welcome
9:00 p.m.– 10:00 p.m.	“Conduct, the Essence of Knowledge”	“Destiny Designing”	“Learn Your Attitude, Learn Your Future”
10:00 p.m	Yog Nidra	Yog Nidra	Yog Nidra

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JVB Orlando 20th Annual Spiritual Camp

Saturday, January 16, 2016

Time	Adult	Youth Ages 19 - 35	Youth Ages 11 - 18
6:00 - 7:00 a.m.	Bhaktamar & Preksha Meditation		
7:00 - 8:00 a.m.	Yoga	Yoga	Yoga
8:00 - 9:15 a.m.	Breakfast & Clean Up	Breakfast & Clean Up	Breakfast & Clean Up
9:30 - 10:30am	हम स्वतंत्र या परतंत्र	Boost up yourself	Secret to your Success
10:30 - 11:00 am	Meditation	Meditation	Meditation
11:00 - 11:45 am	मनोबल कैसे बढ़ाये	Make the world yours	Lecture
12:00 - 12:30 pm	Kayotsarg (Relaxation)	Kayotsarg (Relaxation)	Kayotsarg (Relaxation)
12:30 - 1:45 p.m.	Lunch & Rest	Lunch & Rest	Lunch & Rest
2:00 - 2:45 p.m.	जो सहता है वह रहता है	Life lesson – Modern fashion	Color your life by colorful quiz
2:45 – 3:30 p.m	Contemplation	Group Activity	Group Activity
3:30 – 4:00 p.m	Tea Break	Tea Break	Tea Break
4:00 – 5:00 p.m.	Open Discussion	Jainism & My Life	Word Creates World
5:00 - 6:15 p.m.	Dinner	Dinner	Dinner
6:45 - 7:45 p.m.	Talk Show	Talk Show	Talk Show
8:00 p.m. – 10:00 pm	Concert (Bhavna)	Concert	Concert

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JVB Orlando 20th Annual Spiritual Camp

Sunday, January 17, 2016

Time	Adult	Youth Ages 19 - 35	Youth Ages 11 - 18
6:00 – 7:00 am	Bhaktamar & Preksha Meditation		
7:00 – 8:00 am	Yoga	Yoga	Yoga
8:00 - 9:15 am	Breakfast/Clean Up	Breakfast/Clean Up	Breakfast/Clean Up
9:30–10:30 am	तुम अनंत शक्ति के स्रोत हो	Lecture	Shape your Destiny
10:30 - 11 am	Meditation	Meditation	Meditation
11 – 11:45 am	धर्म मुझे क्या देगा	Lift yourself by yourself	Relevance of Jainism in life
12 – 1:45 pm	Lunch & Rest	Lunch & Rest	Lunch & Rest
2:00 – 2:45 pm	My Health is My Responsibility	Learn: Gather Together (activity)	(Game)Magical teaching – Life Long Learning
2:45 – 3:30 pm	Practical Session	Ways to Relax	Be Happy & Healthy
3:30 – 4:00 pm	Tea Break	Tea Break	Tea Break
4:00 – 5:00 pm	Group Discussion	Be Wise & Win Wisdom Award	Competition
5:00 – 6:15 pm	Dinner	Dinner	Dinner
6:45 – 7:45 pm	Cultural Program	Cultural Program	Cultural Program
8:00 - 9:00 pm	Closing Ceremony	Closing Ceremony	Closing Ceremony

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JVB Orlando 20th Annual Spiritual Camp

Monday, January 18, 2016

Time	Adults	Youth Ages 19 - 35	Youth Ages 11 - 18
6:00 - 7:00 am	Bhaktamar & Preksha Meditation	Bhaktamar & Preksha Meditation	Bhaktamar & Preksha Meditation
7:00 - 8:00 am	Breakfast	Breakfast	Breakfast
8:00 am	Check Out	Check Out	Check Out

Children Ages 5 – 10 years

Friday, Jan. 15 - Monday, Jan. 18, 2016

EVENTS

- ✓ Lectures
- ✓ Spiritual Games
- ✓ Story Sessions
- ✓ Arts & Crafts
- ✓ Yoga

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